



CONFERENCE PROGRAMME

THE POWER OF SPORT TO DRIVE WORLD HEALTH

WEDNESDAY 9 NOVEMBER 2016

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| 17:00-17:05 | INTRODUCTIONS
Master of Ceremonies: David Eades, Anchor and Journalist, BBC World |
| 17:05-17:20 | WELCOME
Thomas Bach, President, International Olympic Committee |
| 17:20-17:30 | WELCOME
Gregoire Junod, Mayor, City of Lausanne |
| 17:30-18:00 | OPENING ADDRESSES
Francesco Ricci Bitti, President, ASOIF and SportAccord Convention
Patrick Baumann, President, SportAccord |
| 18:00-18:30 | KEYNOTE ADDRESS
The WADA Code: Are we being cost efficient?
Dr Margo Mountjoy, Chair, ASOIF Medical + Scientific Consultative Group, IOC
Medical + Scientific Commission-Games Group FINA Bureau |
| 18:30-18:35 | WRAP-UP AND THURSDAY PRELUDE
David Eades, Anchor and Journalist, BBC World |
| 18:35-19:15 | COCKTAIL RECEPTION
Please join us for snacks, drinks and socialising |



THURSDAY 10 NOVEMBER 2016

- 09:00-09:10** **THE POWER OF SPORT TO DRIVE WORLD HEALTH**
WELCOME AND OPENING REMARKS
Prof. Dr Uğur Erdener, Chair of Medical & Scientific Commission, and Vice President, IOC
- SESSION ONE: SAFE SPORT**
- 09:10-09:30** **SETTING THE STAGE**
Athlete Health: What are the Practices and Priorities for IFs?
Dr Margo Mountjoy, Chair, ASOIF Medical + Scientific Consultative Group, IOC
Medical + Scientific Commission-Games Group FINA Bureau
- 09:30-10:30** **KEY ISSUES AND GROUP DISCUSSION**
Keeping Athletes Healthy and Performing
Moderator: David Eades, Journalist & Anchor, BBC World
Injury surveillance in competition and training – Prof. Jiří Dvořák, Chief Medical Officer, FIFA
Exercise interventions to prevent injuries – Dr Mario Bizzini, Research Associate, F-MARC, Schulthess Clinic Zurich
Changing sport rules to improve safety – Prof. Lars Engebretsen, Head of Medical Sciences, IOC
Fair Play: preventing athlete injuries – Dr René Fasel, President IIHF
- 10:30-10:40** **IF FORUM PARTNER PRESENTATION**
JLT Sport
- 10:40-11:00** **COFFEE BREAK**
Presented by  NESPRESSO.
- 11:00-11:30** **PSYCHOLOGICAL HEALTH – THE MENTAL GAME**
The Athlete Story: Stefan Groothuis, retired Dutch speed skater, Olympic gold medalist
The Evidence: Prof. Astrid Junge, FIFA
Q&A
- 11:30-12:00** **HARASSMENT AND ABUSE IN SPORT**
The Athlete Story: Sheldon Kennedy, NHL (video)
Defining and Preventing: Dr Margo Mountjoy, IOC Consensus Statement Chairperson
Q&A
- 12:00-12:50** **ROUND TABLE DISCUSSION**
Medication Abuse in Elite Sport – The Epidemic!
Moderator: David Eades, Journalist & Anchor, BBC World
Prof. Jiří Dvořák, Chief Medical Officer, FIFA
Dr Michel D'Hooghe, Chair FIFA Medical Committee
Martial Saugy, PhD, Associate Professor, University of Lausanne
Prof. Dominique Sprumont, Deputy Director, Institute of Health Law, University of Neuchâtel
- 12:50-13:00** **IF FORUM PARTNER PRESENTATION**
Dow Jones Sports Intelligence
- 13:00-14:00** **LUNCH**



SESSION TWO: SPORT FOR HEALTH

- 14:00-14:30** **IS YOUR SPORT SAFE AT THE RECREATIONAL LEVEL?**
The New Zealand Experience
Dr Mark Fulcher, Sport & Exercise Physician, University of Auckland
Q&A
- 14:30-15:00** **THE COST OF PHYSICAL INACTIVITY**
Sport and Global Health
Prof. Karim Khan, MD, PhD, MBA, University of British Columbia
Q&A
- 15:00-15:30** **HOW CAN SPORT MAKE A DIFFERENCE?**
The Scientific Approach
Prof. Peter Krstrup, Professor of Sport and Health Sciences, University of Southern Denmark
Q&A
- 15:30-15:40** **IF FORUM PARTNER PRESENTATION**
Nielsen Sports
- 15:40-16:00** **COFFEE BREAK**
Presented by **NESPRESSO**.
- 16:00-16:55** **EXPERIENCE IN ACTION**
IF Initiatives Promoting Active Lifestyles
Moderator: David Eades, Anchor and Journalist, BBC World
Prof. Jiří Dvořák, Chief Medical Officer, FIFA
Sarah Lewis, Secretary General, FIS
John Liljelund, Secretary General, International Floorball Federation (IFF)
Helen Lundberg, President, Sled Dog Sport (IFSS)
Sam Ramsamy, Vice President, FINA
- 16:55-17:00** **WRAP UP AND FRIDAY PRELUDE**
David Eades, Anchor and Journalist, BBC World
- 17:00-18:00** **IF FORUM COCKTAIL**
Please join us for snacks, drinks and socialising



FRIDAY 11 NOVEMBER 2016

- 09:00-09:10** **INTRODUCTION TO INTERACTIVE SESSIONS AND GROUP PROJECTS**
Goals and objectives of the workshops, and guidelines for a final Action Plan
David Eades, Anchor and Journalist, BBC World
- 09:10-09:30** **IF PROMOTION OF ATHLETE HEALTH & SAFETY**
Implementation of the Olympic Movement Medical Code
Prof. Dominique Sprumont, Deputy Director, Institute of Health Law, University of Neuchâtel
- Maximising the performance of your Sport Medicine Committee
Dr Richard Budgett, Medical & Scientific Director, IOC
- 09:30-10:00** **WORKSHOP 1**
How can IFs maximise athlete health and performance?
Stuart Miller, Senior Executive Director, Development & Integrity, ITF
Dr Richard Budgett, Medical & Scientific Director, IOC
- 10:00-10:10** **IF FORUM PARTNER PRESENTATION**
Tourisme Montréal